



Cheltenham North Rugby Football Club Ltd

Codes of Conduct

CODE OF PRACTICE FOR PLAYERS

ALL PLAYERS REPRESENTING THE CLUB MUST:

- Play for enjoyment and become part of the rugby family.
- Respect the “Game of Rugby” and play within the laws of the Game.
- Accept the referee’s decision and let your captain or coach ask any relevant questions.
- Play with control. Do not lose your temper.
- Always do your best and be committed to the game, your team and your club.
- Be a “good sport”. Applaud all good play whether by your team or the opposition.
- Respect your opponent. Treat all players as you would like to be treated. Do not “bully” or take advantage of any player.
- Rugby is a team sport and make sure you co-operate with your coach; team mates and members of your club.
- Remember that the goals of the game are to have fun, improve your skills and feel good.
- At the end of the match thank your opponents and the referee for the match.
- Always remember that you owe a duty of care to your opponents. Tackle hard but fairly, do not intend to hurt your opponent.

- Winning and losing is part of sport: Win with humility – lose with dignity.
- As part of the team it is important that you attend training regularly to help your team meet its objectives.
- As a team sport it is important to understand that all members are important to the team!
- Remember you are representing your team, club and the Game of Rugby
- Behaviors likely to cause offence to other members will not be entered into
- Behaviors that have caused offence will be dealt with by the respective disciplinary committee
- Coaches will text players with information about the next fixture. It is an expectation that a reply is received.

CODE OF PRACTICE FOR COACHES

CN RFC Code of Conduct for Coaches ensures that:

- The coaches provide experiences, which are matched to the young players' age and ability, as well as their physical and mental development.
- All youngsters are coached in a safe environment with adequate first aid readily available.
- The coaches avoid the overplaying of the best players by using a squad system which gives everybody a satisfactory amount of playing time.
- There is appropriate supervision of young players both on and off the field.
- They recognise that young players should never be exposed to extremes of heat, cold or unacceptable risk of injury.
- The coaches develop an awareness of nutrition as part of an overall education in lifestyle management.

- They recognise that it is illegal for young players under 18 to drink alcohol.
- They ensure that their knowledge and coaching strategies are up to date and in line with RFU philosophy and expectations.
- They are aware of, and abide by, the RFU recommended procedures for taking young people on residential tours at home and abroad.
- The coaches are aware of, and abide by, the policies and procedures outlined in the Policies and Procedures for the Welfare of Young People in Rugby Union.

CODE OF PRACTICE FOR MEMBERS

ALL MEMBERS REPRESENTING THE CLUB MUST:

- ♣ Must ensure that the game is played and conducted in accordance with disciplined and sporting behaviour and acknowledge that it is not sufficient to rely solely on Match Officials to maintain those principles;
- ♣ Shall co-operate in ensuring that the spirit of the Laws of the Game are upheld and refrain from selecting players guilty of foul play;
- ♣ Shall not repeatedly breach the Laws of the Game
- ♣ Shall accept and observe the authority and decisions of Referees, Touch Judges, Match officials and all representatives of other rugby disciplinary bodies;
- ♣ Shall not publish or cause to be published criticism of the manner in which a Referee or Touch Judge handled a Match;
- ♣ Shall not publish or cause to be published criticism of the manner in which Council or any other Rugby Disciplinary Body handled or resolved any dispute or disciplinary matter resulting from a breach of the Bye-Laws, Regulations or Laws of the Game;
- ♣ Shall not engage in any conduct or any activity on or off the field of play that may impair public confidence in the honest and orderly conduct of a Match, Tour, Tournament or Series of Matches (including, but not limited to, the supply of information in relation to the Game, directly or indirectly to Bookmakers) or in the integrity and good character of any Person;
- ♣ Shall promote the reputation of the Game and take all possible steps to prevent it from being brought into disrepute;
- ♣ Shall not commit a Doping Offence as defined in RFU Regulation 21;

- ♣ Shall not abuse, threaten or intimidate a Referee, Touch Judge or other Match Official whether on or off the field of play;
- ♣ Shall not use crude or abusive language or gestures towards Referees, Touch Judges, other Match Officials or spectators;
- ♣ Shall not do anything which is likely to intimidate, offend, insult, humiliate or discriminate against any other person on the grounds of their religion, race, colour or national ethnic origin;
- ♣ Shall not do anything which adversely affects the Game of Rugby Football, the Board, any member Union or any Commercial Partner of the Game;
- ♣ Shall not do anything which adversely affects any member of the club be it on the field of play or within the clubhouse;

CODE OF PRACTICE FOR VOLUNTEERS

The essence of good ethical conduct and practice is summarised below. All volunteers must:

- Consider the wellbeing and safety of participants before the development of performance.
- Develop an appropriate working relationship with participants, based on mutual trust and respect.
- Make sure all activities are appropriate to the age, ability and experience of those taking part.
- Promote the positive aspects of the sport (e.g. fair play).
- Display consistently high standards of behaviour and appearance.
- Follow all guidelines laid down by the national governing body and the club.
- Hold appropriate valid qualifications and insurance cover.
- Never exert undue influence over performers to obtain personal benefit or reward.
- Never condone rule violations, rough play or the use of prohibited substances.

CN RFC Code of Conduct for Spectators ensures that:

- In Rugby Union players behaviour will often reflect that of the spectators around them. In Rugby Union we welcome spectators on our touchlines who embrace the ethos of the game as one of ENJOYMENT
- Be familiar with, and abide by, the RFU guidance in relation to verbal and emotional abuse.
- Respect the rugby club policy with regard to spectator behaviour
- Be aware that touch line abuse of officials will not be tolerated
- Place the well-being and safety of all members above all considerations.
- Operate without discrimination on the grounds of gender, race, colour, language, religion, political or other opinion, national or social origin, association with national minority, birth or other status
- Respect the basic human rights, dignity and worth of each Member
- Not encourage members, performers or officials to violate the rules of the sport
- Observe the authority and decisions of all officials
- Encourage performers to obey the spirit of the rules and fair play on and off the sports arena at all times
- Members will remind themselves that they are ambassadors of the club and will act appropriately at all times
- Behaviors likely to cause offence to other members will not be entered into
- Behaviors that have caused offence will be dealt with by the disciplinary committee
- CN RFC encourages touchline support but if you cannot control your emotions and vent your frustrations towards players and officials then please do not attend games involving CN RFC