



Lichfield RUFC

COACHES WANTED!

We are looking to employ enthusiastic Level 2 coaches to deliver the following coaching sessions:

Under 17-18 Coach

You will be responsible for training the team in preparation for matches

Schools Coach

You will be responsible for training school children and promoting rugby as a sport

Ideally you'll need to be:

- Knowledgeable about the game
- Confident and good at communicating
- Committed to fair play
- Well-organised and a good timekeeper
- Approachable and good with people

What you'll do:

- Plan and run safe, effective training sessions
- Retain players and work with relevant volunteers to recruit players
- Build team spirit and encourage participation
- Develop individuals' skill, confidence and fitness
- Select the team and set the tactics
- Work with the Club Coaching Coordinator to continue learning and developing
- Promote fair play, team standards and codes of conduct

What you'll do:

- Plan and run safe, effective training sessions
- Develop individuals' skill, confidence and fitness
- Encourage participation of rugby outside of school to recruit players for Lichfield RUFC
- Work with the Club Coaching Coordinator to continue learning and developing
- Promote fair play, team standards and codes of conduct

How much time it will take up:

Around 5-8 hours a week during the season, depending on session planning

How much time it will take up:

Around 6 hours a week during school term time, depending on school requirements

When:

An evening during the week and Sunday mornings

When:

Daytime subject to discussion with schools

What you'll get out of it:

Coaching is a great way to stay fit and pass on your knowledge of the game. Acting as a role model and inspiration to a group of young people and seeing them grow and develop is one of the most rewarding things you can do with your time. It's a highly respected role in the community and above all, it's really good fun.

The roles will be remunerated on an hourly basis.

If you are interested in either, or both of these roles, please send your rugby related CV to:

Iain Eadie - Deputy Chairman

Email: communications@lichfieldrugby.co.uk