## THE GOOD PLAYER'S CODE

Young players should recognise that we are working to provide a safe and enjoyable game in which they can develop both as a player and as an individual.

In Rugby Union young players are encouraged to:

- Recognise and appreciate the efforts made by coaches, parents, match officials and administrators in providing them with the opportunity to play the game and enjoy the rugby environment.
- Understand the values of loyalty and commitment to adults and team mates.
- Recognise that every young player has a right to expect their involvement in rugby to be safe and free from all types of abuse.
- Understand that if an individual or group of young players feel that they are not being treated in a manner that is acceptable, then they have a right to tell an adult either at the rugby club or outside of the game.

In Rugby Union, as a young player, you should:

- Play because you want to do so, not to please coaches or parents.
- Remember skill development, fun and enjoyment are the most important parts of the game
- Be attentive at all training/coaching sessions.
- Work equally hard for yourself and your team and both will then benefit.
- Recognise good play by ALL players on your team and by your opponents.
- Be a good sportsman win or lose.
- Play to the laws of the game and accept, without question, all the referee's decisions.
- Control your emotions. Verbal or physical abuse of team-mates, opponents, or match officials is not acceptable.
- Treat all players, as you would like to be treated. Do not interfere with, bully or take unfair advantage of any player.

## THE GOOD SPECTATOR'S CODE

Young rugby players are impressionable and their behaviour will often reflect that of adults around them. In Rugby Union we welcome spectators on our touchlines who embrace the ethos of the game as one of fun, enjoyment and skill development.

In Rugby Union spectators are encouraged to:

- Act as positive role models to all young players.
- Be familiar with, and abide by, the RFU child protection guidance in relation to verbal, physical and emotional abuse.

In Rugby Union spectators should:

- Remember children play sport for their enjoyment not yours.
- Acknowledge good individual and team performance from all youngsters irrespective of which team they play for.
- Respect match official's decisions. Remember that they are volunteers providing an opportunity for youngsters to play rugby.
- Never verbally abuse young players, match officials, fellow spectators or coaches. Such behaviour can create a negative environment for young players and their behaviour will often reflect this.
- Acknowledge effort and good performance rather than the "win at all costs" ethic.
- Verbally encourage all youngsters in a positive way. If you do want to shout make sure it is 'for', not 'at', the players.
- Condemn bad language, rude behaviour and violence.
- Encourage all youngsters irrespective of their ability never ridicule any individual player, regardless of the team they play for.